

Welcome to the Hotel Carlit*** in the Pyrénées-Orientales, the French and Catalan Cerdagne

<u>References:</u> Team XV of France, Ferrero France, Decathlon, Arjo Wiggins, Chateau l'Hospitalet, Ciba Vision, Sélectour Agencies, Cap Affaires and Coralys...

Hotel services

The Carlit *** team will offer you a warm welcome in regional style.



The Reception :

Our reception staff will make every effort to ensure the smooth running of your event. Photocopying, sending / receiving faxes, booking transport or sightseeing and safe rental, are amongst the services we offer.



样 <u>The Lounge :</u>

Piano-bar lounge with a jazzy ambiance. In winter, conviviality is assured the fireplace.



Fitness center :

After your daily activities, you can relax in our fitness centre with sauna, steam room, Jacuzzi and cardio workout equipment.



The Outdoor Pool :

In summer, our garden will delight you with a panoramic 180 ° view of the Pyrenees. We offer you the opportunity to organize lunches, barbecues or cocktails. The pool is solar heated.

Our workspaces

Our hotel offers 5 meeting rooms, 2 can accommodate you in plenary and 3 which are ideal for subcommittee meetings. We also have an auditorium seating 300, just 100 metres from the hotel, on request.

ROOMS	SURFACE EN M ²	THEATRE	SQUARE	U	DINNER	COCKTAIL
The Conflent	60	70	46	39		100
Le Small Lounge	15	12		5		
The Capcir	32	35	26	23	50	
The Cerdagne	27	30	12	10	140	200
The Ermitage	30	40	22	19		
The Auditorium ≉	120	300				







Available technical equipment:

- X Overhead projector, video projector, video projection screen
- X VCR, DVD player
- X Microphone, telephone
- Possibility of camcorder hire (estimate on request)
- 👗 Free Wi-Fi

Restauration and gastronomy



At our table, referenced in many guides, you will have the opportunity to sample traditional cuisine varied with Catalan specialities and regional dishes as well as many mountain dishes.

You will surely get carried away by our wine menu, with its decidedly Southern accent. For your working lunches, fine meals will be offered.

We adapt to your requirements and can also arrange buffets, cocktail parties, open bar cocktails, gala dinners...

Entertainment

Unforgettable evenings: Spend the evening in a cabin at altitude, reserved exclusively for your business! Arrive by snowmobile or dog sled (for conditions, please consult us). We can enhance your stay with entertainment in the lounge during your aperitif, as well as in the restaurant during your meal. Catalan singer, close-up table magic, clown accordionist, DJ, flamenco with gypsy guitarists... Other ideas, other desires? Feel free to tell us!

Our conference packages

Tariffs from 1st May 2010 to 30th April 2011 based on 20 people

DISCOVERY OFFER : For each day of residential seminar: 1 activity offered with equipment and guide (½ day activities offered) Activity details, number of participants and conditions of engagement presented in "Winter Activities"	Study dayX Meeting room(s) for plenary or sub-committeesX Morning and afternoon breaksX Lunch in the hotel restaurantDaily tariff : 66 € / person			
The semi-residential seminar★ Stay in double, twin or single rooms★ Buffet breakfast★ Meeting room(s) for plenary or sub-committees★ Morning and afternoon breaks★ Lunch in the hotel restaurant★ Drinks included with the meal: ¼ wine and water, 1 coffee per person	 The residential seminar Stay in double, twin or single rooms Buffet breakfast Meeting room(s) for plenary or sub-committees Morning and afternoon breaks Lunch in the hotel restaurant Dinner in the hotel restaurant Drinks included with both meals: ¼ wine and water, 1 coffee per person 			
Tariff for shared occupation: 137 € / person Tariff for sole occupation: 167 € / person	Tariff for shared occupation: 176 € / personn Tariff for sole occupation: 206 € / personn			

Activities

During your seminar, you can conduct business in line with your goals, whether to ensure the cohesion and / or team risk-taking, reward your sales team, organise challenges, or simply find a little serenity... The Ozone3 mountain office will handle your support and safety. The professional athletes will adapt to your level so that each activity will be accessible and adapted depending on your level of fitness.



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Winter...

👗 <u>Skiing :</u>

Ski area with 40 trails

Performed independently - No conditions of engagement

EQUIPMENT RENTAL DAILY TARIFF: 10 € per person (pack skis-sticks-shoes, Silver range - mid range)

DAY PACKAGE PRICE: 31 € per person

Cross-country skiing:

Ski area with 111 km of trails

Performed independently – No conditions of engagement

EQUIPMENT RENTAL DAILY TARIFF: 10 € per person (pack skis-sticks-shoes, Silver range - mid range)

DAY PACKAGE PRICE: 10 € per person

Snowshoeing and access to hot sulphurous water baths:

The opportunity to explore the silence of nature in the snow!

Guide and equipment included (snowshoe-racquets) – *Terms of engagement: 1 guide for 12 participants* TARIFF: 120 € per guide - ½ day, 180 € per guide - full day*

Hot water canyonning:

Go through the only hot water canyon in Europe, with jumps, abseiling, zip lines in waterfalls, water slides ...

Guide and equipment included (helmet, harness, double lanyard, wet suit) – *Terms of engagement: 1 guide for 10 participants*

TARIFF: 370 € per guide *

Introduction to leading a pack of sled dogs:

New thrills and chills in the footsteps of the explorers of the North.

Accompanied by a musher – Terms of engagement: one person one after the other, or 2 groups of 8 participants each

TARIFF: 90 € per person

X Via ferrata (winter and summer):

Progress along a rock wall equipped with ladders, zip lines ... Climbing or hiking vertically? Both are justified.

Guide and equipment included (ropes, harness...) – *Terms of engagement: 1 guide for 8 participants, good weather conditions*

TARIFF: 270 € per guide - ½ day, 370 € per guide - full day*

Ballooning (winter and summer):

Fly over the Cerdanya plateau, with an unobstructed view over the Pyrenees.

Flights from the mountain – Terms of engagement: 11 participants per balloon

TARIFF : 160 € per person, from 20 people*

OUR LITTLE EXTRAS:

- Snowshoeing at night, with meals in a shelter or barbecued appetisers mulled wine in a shelter.
- Sporting challenges deemed appropriate from the activities above, or choose from the following: snowshoe orienteering, cross country skiing relay, toboggan run, biathlon with cross country skiing or snowshoeing + laser shooting.

* Transport not included

Summer...

Hiking:

The Cerdagne Mountain offers ideal terrain for hiking with its endless routes.

Guide included - Terms of engagement: 1 guide for 12 participants

TARIFF: 120 € per guide - ½ day, 180 € per guide - full day*

Climbing :

Many places are conducive to this sport, including the famous site of Chaos Targasonne or the Spanish massif.

Guide and equipment included (helmet, harness, shoes) – Terms of engagement: 1 guide for 10 participants

TARIFF: 125 € per guide*

Mountain biking:

Depending on your desires, cross country or downhill.

Guide included (helmet, harness, shoes) - Terms of engagement: 1 guide for 12 participants

TARIFF: 120 € per guide - ½ day, 180 € per guide - full day

+ allow 15 € per person for bike hire

Canyonning :

You can cross many canyons in the mountains, with jumps, abseiling, zip lines in the waterfalls, water slides ...

Guide and equipment included (helmet, harness, double lanyard, wet suit) – *Terms of engagement: 1 guide for 10 participants*

TARIFF: from 370 € to 570 € per guide depending on the canyon*

Rafting / Hydrospeed :

For those who like thrills, you'll go down the valley of the Aude, very fast, either in teams navigating a raft, or by swimming alone using a float.

Guide included – Terms of engagement: 5 people per raft / per accompanier

TARIFF: from 25 € to 35 € per person depending on the route, from 5 people*

X Parapente :

Why not learn to paraglide with a baptism from the peak of Moros - balcony of the Cerdanya, with a vertical drop of 400 metres. Guide included – *Terms of engagement: 10 participants*

TARIFF: 60 € per person, from 10 people*

Other possible activities: horse riding, adventure trails, tree climbing, fishing, go-carting in Spain at La Seu d'Urgell ...

Activités nautiques au lac de Matemale :

Windsurfing, canoeing, pedal boating, sailing (caravel), catamaran, optimist, swimming. No conditions of engagement.

TARIFF PEDALO AND CANOE: 5 € per hour per person* TARIFF CARAVEL: 8 € per hour per person*

OUR LITTLE EXTRAS:

- 👗 A night hike to the summit of Pic Carlit (the highest point of the department at 2921 m.), with breakfast in front of a fantastic sunrise and a chance to explore the morning wildlife.
- A night outing, to discover the stars.
- X Downhill mountain bike trails to the Spanish enclave of Llivia, to drink and eat tapas in a typical Llivia square.
- A day of horse riding in mountain pastures, to meet the shepherds
- * Transport not included

BOTH IN SUMMER AND IN WINTER...:

- Cinéma, casino, disco, night clubs
- 样 Ice skating, swimming pool, Colette Besson sports centre : tennis, squash, bodybuilding, badminton...

The French Cerdagne

Welcome to French Cerdanya, a timeless place which recalls the past, but keeps an informed view on the future! Numerous high plateaus and the Mediterranean climate are the essence of this region.

From a touristic and cultural point of view, what is there to visit in our beautiful region?

- 👗 The natural hot water sulphur baths, in summer or winter, known since Roman times...
- X The Citadel of Mont-Louis, the highest in France, built by Vauban, and the Unesco World Heritage Site...
- Typical Cerdan villages built with Llose rooves and large stones...
- 👗 The little yellow Centennial train, which traverses the Têt valley...
- The solar furnace at Font-Romeu, the largest in the world, home to the avantgarde experiments of the NSRF and NASA ...

Also:

- Duty-free, shopper's paradise, the principality of Andorra...
- X The Vermilion Coast, Collioure on the Spanish border, coves, ports and the typical Mediterranean lifestyle...

Font-Romeu

In 1910, the Grand Hotel marked the beginning of the history of Font-Romeu, by welcoming the privileged and initiating the first winter sports. The construction of the railway line for the little yellow train came shortly afterwards and helped in the development of the tourist resort.

Font-Romeu is recognized as a health resort because of its clean air, its dry climate and 300 days of sunshine per year: sunnier than the French Riviera!

The National Centre for Altitude Training plays regular host to many professional athletes, such as Paula Radcliffe, the XV of France, the football team from Qatar, as well as athletes preparing for competitions like the Olympic Games in Beijing.

















X By road :

87 km from Perpignan (RN116)
130 km from Carcassonne
185 km from Toulouse (RN20)
140 km from Gérone
174 km from Barcelone

👗 By plane :

Perpignan Rivesaltes airport Carcassonne en Pays Cathare airport Toulouse Blagnac airport Gérone airport

👗 <u>By train :</u>

Latour de Carol station Font-Romeu Odeillo Via station Perpignan station, by TGV from Paris



Transfers can be arranged by our service provider (estimate on request).